## Maintaining hope and courage is a challenge for people faced with cancer

The One to One Ovarian Cancer Support Group believes that no one should face this disease alone. The support group is a mixture of women at different points in time since initial diagnosis. It is a wonderful vehicle that helps survivors establish contact



with other women to reduce anxiety, fear and isolation. Most monthly meetings are held on the second Thursday of the month - 4 - 5:30 p.m. at Beaumont Hospital, Royal Oak - Neuroscience Center. Exceptions will be published.

We have several ways for disseminating newsletters and other information:

- 1) Newsletter (paper copy) sent through US Postal Service
- 2) Newsletter sent through blind copy email as PDF file; (EMAIL NEWSLETTER)
- 3) Shared Address/Phone List for support via calls to one another.

4) Information/updates about people or events will be sent via blind copy email.

5) Newsletters are posted on <a href="http://www.OnetoOneOvarianCancerSupportGroup.com">www.OnetoOneOvarianCancerSupportGroup.com</a>

Name:		Phone:	
Address:		//Zip:	
Emai	ail address:		
Birthdate: Month (for ann		Diagnosed: ng survivor anniversaries in the newsletter)	
Yo	/ou are a survivor the day of diagnosis r	egardless of being in treatment!	
	Newsletter: Mail me paper copy	Email Newsletter to me	
	<b>Shared Address/Phone List</b> . This mailing list is periodically distributed for sharing support via calls or cards ( <i>your name will not be included on this list unless checked</i> ).		
	l would like to be notified via blind copy email, updates on members and/or activities/events.		
	I would like to be interviewed for sharing my cancer journey experience to be published in the newsletter.		
Printe		Add me to mailing list but do <u>NOT</u> oublish my name for anniversary.	
Signature/Date		Add me to mailing list with permission to publish my name and mo/yr of anniversary in newsletter (during month of survivor anniversary).	

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